

# March 2023

## Elementary Lunch Christ the King

### DAILY ALTERNATES:

1. Chicken Nuggets ( No Nuggets on Fridays)
2. Cereal Lunch

**FRUIT:** Fresh, Cupped & 100% Fruit Juice

**MILK:** Skim Chocolate, Skim Strawberry, 1% White

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Includes:</b> Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits &amp; 2 veggies!</p> <p><b>Lunch Prices</b> Student Paid: \$3.50 Adult Lunch: \$4.25 Milk: \$0.80</p>	<p><b>CAFÉ CONTACT INFO:</b> Monica Keane, FSD CTK@nsfm.com Phone: 856-429-3925 <b>*Menu subject to change</b></p>	<p><b>1</b> Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p><b>2</b> Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Apple Sauce</p>	<p><b>3</b> Passariello's Pizza By the Slice</p> <p><u>Sides:</u> Vegetable of the Day Fruit of the Day</p>
<p><b>6</b> Hot Dog On a Bun</p> <p><u>Sides:</u> Baby Carrots Apple</p>	<p><b>7</b> Individual Pan Pizza</p> <p><u>Sides:</u> Broccoli Bites Fruit of the Day</p>	<p><b>8</b> Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p><b>9</b> Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Apple Sauce</p>	<p><b>10</b> NO SCHOOL  Faculty In service</p>
<p><b>13</b> Pancakes With Sausage &amp; Syrup</p> <p><u>Sides:</u> Baby Carrots Apple</p>	<p><b>14</b> Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Broccoli Bites Fruit of the Day</p>	<p><b>15</b> Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p><b>16</b> Passariello's Pizza By the Slice</p> <p><u>Sides:</u> Celery Sticks Apple Sauce</p>	<p><b>17</b> 1/2 Day  No Lunch Served</p>
<p><b>20</b> Hot Dog On a Bun</p> <p><u>Sides:</u> Baby Carrots Apple</p>	<p><b>21</b> Beef Nachos W/Salsa &amp; Cheese</p> <p><u>Sides:</u> Broccoli Bites Fruit of the Day</p>	<p><b>22</b> Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p><b>23</b> Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Apple Sauce</p>	<p><b>24</b> Individual Pan Pizza</p> <p><u>Sides:</u> Vegetable of the Day Fruit of the Day</p>
<p><b>27</b> Pancakes With Sausage &amp; Syrup</p> <p><u>Sides:</u> Baby Carrots Apple</p>	<p><b>28</b> Cheese Burger On a Bun</p> <p><u>Sides:</u> Broccoli Bites Fruit of the Day</p>	<p><b>29</b> Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p><b>30</b> Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Apple Sauce</p>	<p><b>31</b> Passariello's Pizza By the Slice</p> <p><u>Sides:</u> Vegetable of the Day Fruit of the Day</p>

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