

OCTOBER 2022

Elementary Lunch

Christ the King



DAILY ALTERNATES:

1. Chicken Nuggets Lunch
2. Cereal Lunch

FRUIT: Fresh, Cupped & 100% Fruit Juice

MILK: Skim Chocolate, Skim Strawberry, 1% White

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>No School</p>	<p>4</p> <p>Taco Tuesday w/ All Fixins</p> <p><u>Sides:</u> Broccoli Bites Grapes</p>	<p>5</p> <p>Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p>6</p> <p>Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Applesauce</p>	<p>7</p> <p>Passariello's Pizza By the Slice</p> <p><u>Sides:</u> Mixed Veggie Patch Assorted Fruit</p>
<p>10</p> <p>No School Columbus Day</p>	<p>11</p> <p>Cheese Burger On Bun</p> <p><u>Sides:</u> Baked Fries Grapes</p>	<p>12</p> <p>Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p>13</p> <p>Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Applesauce</p>	<p>14</p> <p>Individual Pan Pizza</p> <p><u>Sides:</u> Mixed Veggie Patch Assorted Fruit</p>
<p>17</p> <p>Chicken Filet Sandwich</p> <p><u>Sides:</u> Baby Carrots Apple</p>	<p>18</p> <p>Taco Tuesday w/ All Fixins</p> <p><u>Sides:</u> Broccoli Bites Grapes</p>	<p>19</p> <p>Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p>20</p> <p>Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Applesauce</p>	<p>21</p> <p>Passariello's Pizza By the Slice</p> <p><u>Sides:</u> Mixed Veggie Patch Assorted Fruit</p>
<p>24</p> <p>Chicken Filet Sandwich</p> <p><u>Sides:</u> Baby Carrots Apple</p>	<p>25</p> <p>Cheese Burger On Bun</p> <p><u>Sides:</u> Baked Fries Grapes</p>	<p>26</p> <p>Grilled Cheese On Texas Toast</p> <p><u>Sides:</u> Cucumbers with Ranch Orange</p>	<p>27</p> <p>Popcorn Chicken With Biscuit</p> <p><u>Sides:</u> Celery Sticks Applesauce</p>	<p>28</p> <p>Individual Pan Pizza</p> <p><u>Sides:</u> Mixed Veggie Patch Assorted Fruit</p>
<p>31</p> <p>Halloween Celebrations</p> <p>No Lunch Served</p>	<p>CAFÉ CONTACT INFO: Monica Keane, FSD CTK@nsfm.com Phone: 856-429-3925 *Menu subject to change This institution is an equal opportunity provider.</p>			<p>Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!</p> <p>Lunch Prices Student Paid: \$3.50 Adult Lunch: \$4.25</p>