

# Christ the King Regional School

## 3<sup>rd</sup>-8<sup>th</sup> Grade

### 2020 Track Season Sign Up

First practice Monday, March 2nd

Practices Monday, Wednesday, Thursday, 3-4:15pm

At CKRS Field

Starting March 16th, Practices Monday, Wednesday,  
Thursday

6:15-7:45pm Haddon Twp. High School Track,

Remit forms and fees to Tiffany Heigler k/o Rafiq 6-1 before  
first practice

Please review the *Athletic Forms and Handbook* found on the school website. All athletes must have completed *Informed Consent and Waiver, Concussion Form*, and submit athletic fees. Sixth, seventh and eighth graders must have pre-participation sports physicals

Child's name \_\_\_\_\_ Birthdate \_\_\_\_\_

Age as of 9/1/19 \_\_\_\_\_ Grade \_\_\_\_\_

Child's name \_\_\_\_\_ Birthdate \_\_\_\_\_

Age as of 9/1/19 \_\_\_\_\_ Grade \_\_\_\_\_

Parents Name(s) \_\_\_\_\_

Parent's Phone number (H) \_\_\_\_\_ (C) \_\_\_\_\_

Email address \_\_\_\_\_

\_\_\_\_\_ I would be interested assisting the track team.

\_\_\_\_\_ I have shot put or long jump experience and would be willing to help coach.

**\*Parisi Speed School Training - Every Thursday at practice for the month of March. Please remit \$15 for each participant.**