

September

Christ The King
Regional School

Choose 1 Entrée.

Lunch Includes:

Protein ~ Grain ~Fruit~

Veggie ~Milk

Your student will receive an entrée, the fruit and vegetable of the day and choice of milk.

CAFÉ CONTACT INFO:

Monica Keane:
CTK@nsfm.com

Milk: Skim Chocolate, 1% White, Strawberry \$.80

LUNCH PRICE.....\$3.50

Snacks Offered Daily

This institution is an equal opportunity provider.



Daily Alternate

Cereal Lunch

Chicken Nugget
Lunch

Monday-September 5

Tuesday- September 6

Wednesday-September 7

Thursday-September 8

Friday-September 9

Labor Day

Taco Tuesday
W/ all Fixins

Sides:
Rice & Beans
Apple

Popcorn Chicken
With Biscuit

Sides:
Baby Carrots with Ranch
Grapes

Cheeseburger on Bun

Sides:
Baked Fries
Applesauce

**Passarellos Cheese
Pizza**

By the slice
Sides:
Side Salad
Assorted Fruit

Monday-September 12

Tuesday-September 13

Wednesday-September 14

Thursday-September 15

Friday-September 16

**Chicken Filet
Sandwich**

Sides:
Sliced Cucumbers & Dip
Banana

Beef Nachos
w/ salsa, & cheese

Sides:
Rice & Beans
Apple

Popcorn Chicken
With Biscuit

Sides:
Baby Carrots with Ranch
Grapes

Cheeseburger on Bun

Sides:
Baked Fries
Applesauce

Individual Pan Pizza

Sides:
Side Salad
Assorted Fruit

Monday-September 19

Tuesday-September 20

Wednesday-September 21

Thursday-September 22

Friday-September 23

**Chicken Filet
Sandwich**

Sides:
Sliced Cucumbers & Dip
Banana

Taco Tuesday
W/ all Fixins

Sides:
Rice & Beans
Apple

Popcorn Chicken
With Biscuit

Sides:
Baby Carrots with Ranch
Grapes

Cheeseburger on Bun

Sides:
Baked Fries
Applesauce

**Passarellos Cheese
Pizza**

By the slice
Sides:
Side Salad
Assorted Fruit

Monday-September 26

Tuesday-September 27

Wednesday-September 28

Thursday-September 29

Friday-September 30

**Chicken Filet
Sandwich**

Sides:
Sliced Cucumbers & Dip
Banana

Beef Nachos
w/ salsa, & cheese

Sides:
Rice & Beans
Apple

Popcorn Chicken
With Biscuit

Sides:
Baby Carrots with Ranch
Grapes

Cheeseburger on Bun

Sides:
Baked Fries
Applesauce

Individual Pan Pizza

Sides:
Side Salad
Assorted Fruit