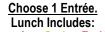


## **September**

Christ The King Regional School



Protein ~ Grain ~Fruit~ Veggie ~Milk

Your student will receive an entrée, the fruit and vegetable of the day and choice of milk.



Monica Keane: CTK@nsfm.com

Milk: Skim Chocolate, 1% White, Strawberry \$.80

LUNCH PRICE......\$3.50 Snacks Offered Daily

This institution is an equal opportunity provider.



## **Daily Alternate**

Cereal Lunch

Chicken Nugget

Lunch

**Assorted Fruit** 

This institution is an equal opportunity provider.				Lunch
Monday-September 5	Tuesday- September 6	Wednesday-September 7	Thursday-September 8	Friday-September 9
Labor Day	Taco Tuesday W/ all Fixins Sides: Rice &Beans Apple	Popcorn Chicken With Biscuit Sides: Baby Carrots with Ranch Grapes	Cheeseburger on Bun  Sides: Baked Fries Applesauce	Passarellos Cheese Pizza By the slice Sides: Side Salad Assorted Fruit
Monday-September 12	Tuesday-September 13	Wednesday-September 14	Thursday-September 15	Friday-September 16
Chicken Filet Sandwich Sides: Sliced Cucumbers & Dip Banana	Beef Nachos w/ salsa, & cheese Sides: Rice & Beans Apple	Popcorn Chicken With Biscuit Sides: Baby Carrots with Ranch Grapes	Cheeseburger on Bun  Sides: Baked Fries Applesauce	Individual Pan Pizza Sides: Side Salad Assorted Fruit
Monday-September 19	Tuesday-September 20	Wednesday-September 21	Thursday-September 22	Friday-September 23
Chicken Filet Sandwich Sides: Sliced Cucumbers & Dip Banana	Taco Tuesday W/ all Fixins Sides: Rice &Beans Apple	Popcorn Chicken With Biscuit Sides: Baby Carrots with Ranch Grapes	Cheeseburger on Bun  Sides: Baked Fries Applesauce	Passarellos Cheese Pizza By the slice Sides: Side Salad Assorted Fruit
Monday-September 26	Tuesday-September 27	Wednesday-September 28	Thursday-September 29	Friday-September 30
Chicken Filet Sandwich Sides: Sliced Cucumbers & Din	Beef Nachos w/ salsa, & cheese Sides:	Popcorn Chicken With Biscuit Sides: Baby Carrots with Banch	Cheeseburger on Bun  Sides: Raked Fries	Individual Pan Pizza Sides: Side Salad

**Baby Carrots with Ranch** 

**Grapes** 

**Baked Fries** 

**Applesauce** 

Rice & Beans

**Apple** 

Sliced Cucumbers & Dip

Banana